

## **Dr. Hamza Y. Garashi**

Pharmacovigilance Expert | Kuwait Food and Drug Control Authority  
PhD Holder – University of Manchester, UK

### **Professional Biography**

Dr. Hamza Y. Garashi is a pharmacovigilance specialist affiliated with the Kuwait Food and Drug Control Authority, and hold a Ph.D. in Pharmacovigilance and Drug Safety at the University of Manchester, funded by the Kuwaiti Ministry of Health. His work focuses on strengthening pharmacovigilance systems in the Arab region, particularly using WHO indicators and policy frameworks. He is also engaged in capacity-building and health systems research aimed at enhancing drug safety and patient outcomes.

### **Academic Qualifications**

- Ph.D. in Pharmacovigilance and Drug Safety – University of Manchester, UK
- MSc in Pharmaceutical Services & Medicines Control – University of Bradford, UK

### **Research Interests & Areas of Expertise**

- Evaluation of pharmacovigilance systems using WHO indicators
- Policy implementation in drug safety using ambiguity-conflict models
- Adverse Drug Reaction (ADR) reporting improvement strategies
- Training healthcare professionals and students in pharmacovigilance
- Mixed-methods research in public health systems and regulation

### **Selected Publications**

- A Systematic Review of Pharmacovigilance Systems in Developing Countries Using WHO Indicators – Therapeutic Innovation & Regulatory Science (2022)
- Strengths and Weaknesses of Pharmacovigilance Systems in Three Arab Countries – Int. J. of Environmental Research & Public Health (2022)
- A Qualitative Exploration of Pharmacovigilance Policy Implementation in Jordan, Oman, and Kuwait – Globalization and Health (2021)

### **Professional Insights**

In an interview published in August 2024, Dr. Garashi highlighted the dual importance of pharmacovigilance in safeguarding patient health and optimizing national healthcare expenditures. He promotes regional collaboration, integration of AI, and the use of big data analytics in future pharmacovigilance practice.

## Profile Summary

Current Role: Pharmacovigilance Expert, KDFCA; PhD holder, University of Manchester

Core Expertise: Drug safety systems evaluation, policy implementation, ADR reporting

Key Research Topics: WHO PV indicators, system benchmarking in Arab countries

Notable Publications: Systematic reviews and policy evaluations in Jordan, Oman, and Kuwait

Perspective: PV as a public health and economic strategy in developing systems