

**OSH (Occupational Safety and Health) and COVID-19 Prevention**  
**7-Week ONLINE Training from July to December 2020**  
**Dept. of Environmental/Occupational Health (EOH)**  
**Faculty of Public Health; Kuwait University**

**Format:**

- 7 Modules – 1 Module/Week/8 Weeks (Module 4 in 2 weeks) – Total 11 hours using MS Teams/Moodle
- Every Tuesday – October → November (Via Blended Learning – Participants will read MS Teams/Moodle training materials and do exercises for the Discussion Forum before the 20-minute live presentation)
- Each presenter will provide, ahead of time, a 40-60 ppt slide presentation to be posted on MS Teams/Moodle and a recorded session of 20-minute live presentation of 20 slides (1 slide per 1 minute).

**Speakers**

<b>Dr. Janvier Gasana, PI*</b> Assoc. Prof & Chair Dept. of EOH, FOPH, KU	<b>Dr. Shubhendu Mudgal</b> WHO Consultant
<b>Dr. Mustafa Al-Zoughool</b> Assoc. Prof of FOPH, Dept. of EOH, KU	<b>Dr. Alicia Porter, MD</b> Specialist Psychiatrist, Healthcare Workers Care Network, S. Africa
<b>Prof. Harri Vainio</b> Professor of EOH and Dean FOPH	<b>Dr. Barrak Alahmad</b> Dept of EOH, FOPH, KU Scholar in Mission/PhD Candidate at Harvard
<b>Dr. Esraa Al Najjar</b> Accreditation Office, Ministry of Health (MOH)	<b>Dr. Mohamed Kamel</b> Department of Occupational Health, FOPH
<b>Dr. Dua Alkhaledi</b> Director MOH, Department of Occupational Health	

<b>Module 1 - Week 1</b> <b>October 03, 2020; 2 Hours - 7 pm - 9 pm</b>	<b>Introduction</b>
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**Sub-Modules 1-5**

<b>Time</b>	<b>Topic</b>	<b>Instructor</b>
<b>7:00 pm – 7:20 pm</b>	1. Historical Background of Occupational Safety & Health (OSH)	Dr. Janvier Gasana+ PC (Project Coordinator) - Mariam Buqammaz
<b>7:25 pm – 7: 45 pm</b>	2. Roles of International Agencies (WHO and ILO) that promote OSH	Dr. Shubhendu + PC – Meshari Alqallaf)
<b>7:50 pm – 8:10 pm</b>	3. OSH Hazards	
	1) Chemical	Dr. Mustafa Al-Zoughool + TA (Teaching Assistant) Abdullah Safar
	2) Physical/Ergonomic	Dr. Mustafa Al-Zoughool + PC – Maha Altaura
	3) Biological	Dr. Mustafa Al-Zoughool + PC – Anwar Ali
<b>8:15 pm – 8:35 pm</b>	4. Psychosocial	Dr. Mustafa Al-Zoughool + PC – Khaled Abdulghafoor
	4. COVID-19 and Mental Health among Health Care Workers and Non-health Care Workers(Supervisors of Migrant Workers)	Dr. Alicia Porter+ PC – Soad AlBahar
<b>8:40 pm – 9:00 pm</b>	5. Wellbeing	Prof. Harri Vainio + PC – Loulwah Al-Mutairi

<b>Module 2- Week 2</b> <b>October 10, 2020; 1 hour</b>	<b>Lessons from COVID-19 Prevention and Control from Other Countries</b>
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7:00 pm - 7:55 pm	Lessons from COVID-19 Prevention and Control from Other Countries	Dr. Mustafa Al-Zoughool +PC – Jenan Almatrouk)
7:55 pm- 8:00 pm	Questions & Answers	
<b>Module 3 – Week 3 October 17, 2020; 1 hour</b>		<b>Accreditation of Health Care Facilities – Example of MOH</b>
7:00 pm - 7:55 pm	OSH Standards for Accreditation of Healthcare and Non-healthcare Facilities	Dr. Esraa Al Najjar, Ministry of Health (MOH) Accreditation Office+ PC – Jawaher Alotaibi]
7:55 pm – 8:00 pm	Questions & Answers	
<b>Module 4: Week 4 – 4 hours (2 hours October 24 &amp; 2 hours October 31) October 24, 2020 – 7:00 pm to 9:00 pm</b>		<b>WHO-ILO HealthWISE Tool for Improvement of Work in Healthcare and Non-healthcare Facilities</b>
7:00 pm – 7:20 pm	A) Overall HealthWISE Program	Dr. Shubhendu Mudgal + TA – Dina Zein)
<b>B) Sub-Modules 1–5</b>	<b>Focus on Occupational Safety and Health</b>	
7:25 pm – 7:45 pm	1. Sub-Module 1: Controlling occupational hazards and improving workplace safety	Dr. Mohamed Kamel, MD, PhD, MOH, Department of Occupational Health + PC – Danah Al Hamlan)
7:50 pm – 8:10 pm	2. Sub-Module 2: Musculoskeletal hazards and ergonomic solutions	Dr. Janvier Gasana + PC – Anhaar Alenezi
8:15 pm – 8:35 pm	3. Sub-Module 3: Biological hazards and infection control, with special reference to COVID-19	Dr. Janvier Gasana+ PC – Hussah AlHadlaq
8:40 pm – 9:00 pm	4. Sub-Module 4: Tackling discrimination, harassment and violence at the workplace	Dr. Barrak Alahmad, MD, MPH, KU FOPH EOH Dept Scholar in Mission/PhD Candidate at Harvard + PC – Mariam Buqammaz)
<b>II. October 31, 2020</b>	<b>7:00 pm to 9:00 pm</b>	
7:00 pm – 7:20 pm	5. Sub-Module 5: Towards a green and healthy workplace	Dr. Janvier Gasana + PC – Meshari Alqallaf)
<b>C): Modules 6–7 General Working Conditions</b>		
7:25 pm – 7:45 pm	6. Sub-Module 6: The key role of staff: Recruitment, support, management, retention	Dr. Janvier Gasana and Dr. Barrak Alahmad+ PC – Anwar Ali
7:50 pm – 8:10 pm	7. Sub-Module 7: Working time and family-friendly measures	Dr. Janvier Gasana and Dr. Shubhendu Mudgal + PC – Maha Altaura
8:15 pm – 8:55 pm	8. Sub-Module 8: Selecting, storing & managing equipment & supplies	Dr. Mustafa Al-Zoughool+ PC – Khaled Abdulghafoor
8:55pm – 9:00 pm	Questions and Answers	
<b>Week 5– 1 hour; November 07, 2020</b>		
<b>5) Module 5 - Current COVID-19 Situation in Healthcare and Non-healthcare Facilities in Kuwait - Survey Results</b>		
7:00 pm - 7:55 pm	Presentation - COVID-19 Survey Results (HCWs and NHCWs)	Dr. Dua Alkhaledi, Director MOH Department of Occupational Health+ PC
7:55 pm – 8:00 pm	Questions & Answers	– Meshari Alqallaf
<b>Week 6 – 1 hour; November 14, 2020</b>		
<b>6) Module 6 – Workplace Risk Assessment and Management and</b>		

7:00 pm - 7:20 pm	I. Presentation – Workplace Risk Assessment and Management in the Context of COVID-19	Dr. Barrak Alahmad + TA – Dina Zein
7:25 pm - 7:50 pm	II. Presentation - Systems Approach for Occupational Safety and Health Management in Industrial, Service, and Health Sectors	Dr. Janvier Gasana + PC – Soad AlBahar + PC – Jenan Almatrouk
7:50 pm – 8:00 pm	III. Questions & Answers	

**Week 7 – 1 hour; November 21, 2020**

**7) Module 7 - HealthWISE Checklist and Actions**

7:00 pm - 7:55 pm	Presentation	Dr Shubhendu Mudgal and Dr. Janvier Gasana + TA – Dina Zein
7:55 pm - 8 pm	Questions & Answers	

**\*Principal Investigator (PI) Dr. Janvier Gasana, MD, MPH, PhD, Assoc. Prof & Chair Dept of EOH**

