Quality and Safety Conference - Safe Care for Every newborn and Child

Dr. Rima Mohammed Zahid Al-Sawan

Pediatrician specializing in neonatal and newborn intensive care. As head of the NICU at Farwaniya Hospital, she oversaw substantial growth in service capacity, improved neonatal care infrastructure, and spearheaded efforts to promote breastfeeding and achieve recognition under the Baby-Friendly Hospital initiative.

Dr. Nina Matuskova

Specialist - Obs & Gyne - Dar Al Shifa Hospital, Kuwait

Dr. Nina Matušková is an obstetrician-gynecologist with experience in both Slovakia and Kuwait. In Slovakia, she practiced at the renowned University Hospital Trenčín — the country's top-rated maternity center — where she served as a Consultant in Obstetrics and Gynecology and led the High-Risk Pregnancy Unit.

Dr. Matušková specializes in managing high-risk pregnancies and advanced prenatal care. Since 2017, she has been licensed as a specialist in Kuwait and currently practices at Dar Al Shifa Hospital.

Her international background and leadership in maternal-fetal medicine enable her to provide exceptional, patient-centered care for even the most complex obstetric cases.

Dr. Pulakit Teekakirikul

Assistant Professor medical genetics & Cardiology - Burmungrad, Thailand.

Dr. Polakit Teekakirikul is a distinguished physician and researcher specializing in medical genetics and cardiology. He serves as Chief Executive Officer of VitalLife Scientific Wellness Center & Esperance and Chief Science Officer at Bumrungrad International Hospital.

A graduate of Chulalongkorn University, Dr. Teekakirikul completed advanced training in internal medicine and molecular genetics at Harvard Medical School, followed by cardiovascular training at the University of Pittsburgh Medical Center.

His expertise focuses on genetic cardiomyopathy, cardiovascular genetics, and precision medicine. With board certifications in internal medicine, cardiovascular disease, and medical genetics, he is recognized internationally for advancing clinical care through genetic insights, innovation, and patient-centered research.

Dr. Khaled Al Sarraf

Consultant - Pediatric (Gastro), Dar Al Shifa Hospital, Kuwait

Dr. Khaled AlSarraf is a consultant pediatric gastroenterologist with over 25 years of experience and advanced training from Kuwait and Harvard. Based in Kuwait City, he serves as a senior consultant at both Amiri Hospital (public) and Dar Al Shifa Hospital (private).

Dr. AlSarraf earned a Master of Public Health from the Harvard School of Public Health and is board-certified in general pediatrics and pediatric gastroenterology.

He has played key roles in developing pediatric gastroenterology services in Kuwait through his leadership and has contributed to research in the field. His clinical expertise encompasses pediatric nutrition, hepatology, and complex gastrointestinal disorders in children.

Dr. Angie Jelin is the Program Director for the Maternal Fetal Medicine Fellowship and an associate professor in the Johns Hopkins Medicine Department of Gynecology and Obstetrics and Department of Genetic Medicine. Her areas of clinical expertise include prenatal genetic counseling, fetal imaging, chorionic villus sampling and amniocentesis, with a focus on fetal complications in pregnancy. Her research focuses on the evaluation of genetic etiologies of urogenital disorders.

Dr. Jelin earned her medical degree from Harvard Medical School. She did her residency in obstetrics and gynecology at the University of California, San Francisco, and then remained there to complete a maternal-fetal medicine and genetics fellowship. She holds three board certifications in obstetrics and gynecology, maternal-fetal medicine, and clinical genetics.

Dr. Ahmad Nasrallah is the Chief Executive Officer of Dar Al Shifa Hospital, Kuwait's leading 220-bed private healthcare institution. With over 30 years of healthcare leadership experience and a Doctorate in Business Administration from France, he has driven transformative improvements in quality and innovation.

Under Dr. Nasrallah's stewardship, Dar Al Shifa became the first hospital in Kuwait to achieve Diamond-level accreditation from ACQI and attain HIMSS Level 7 digital excellence.

He also led the hospital to earn the prestigious People-Centered Care Commitment Award and to forge international partnerships that elevate care standards. Recognized among the Middle East's top healthcare leaders by Forbes in 2023 and 2024, Dr. Nasrallah continues to inspire excellence in regional healthcare.

Ms. Mallika D'Souza

Areas Of Expertise: Healthcare Quality and Patient Safety, Patient Experience, Accreditation, Nursing Administration, Patient Care Units Commissioning and Professional Development.

Experience Highlights: A healthcare professional with over 25 years of expertise in Nursing Administration, Healthcare Management, and Quality Assurance. Also has exposure in managing numerous projects in accreditation, patient safety, and professional development. Played a pivotal role in the team in obtaining certifications, including Accreditation Canada International, ACR (American College of Radiology), and HIMSS Level 6 and 7, ISO certifications. Also have been part of Accreditation Canada International Surveyor team and led two surveys in Kuwait.

Education: Registered Nurse with MBA in Healthcare Management, currently pursuing DBA in Healthcare Management from ESGCI University in France. Also completed Health Policy and Practice program at UCL Global Business School for Health.

Also was certified as CPHQ (Certified Professional in Healthcare Quality), FAIHQ (Fellow of the American Institute for Healthcare Quality), CHRM (Certified in Healthcare Risk Management) and certified Accreditation Canada International Surveyor.

Ms. Nadeen Al Jawahry

Hospitality Manager – Dar Al Shifa Hospital, Kuwait

Nadeen Al Jawhary serves as Hospitality Manager at Dar Al Shifa Hospital and is an operations-focused healthcare leader specializing in clinical nutrition and dermatology services. She has served as the Manager of a Dermatology & Aesthetic Center, where for four years she implemented major improvements that boosted the center's revenue, service quality, and market position.

A Senior Clinical Dietitian by background, Ms. Nadeen also directed a hospital's Clinical Nutrition and Food Services department for 11 years, achieving five-star hospitality standards and ISO 22000:2005 certification for food safety. She is a certified Project Management Professional (PMP) and holds additional qualifications in patient experience and quality, bringing a broad skill set to healthcare operations and patient service excellence.